

Visit ConsciousLivingNow.org
for Reiki Training Dates and
Registration Form

Erin teaches Reiki I and II three times per year and offers Reiki Master Training once per year in Duluth and every other year abroad.

Erin's Reiki training was designed to meet the State of Minnesota Nursing Requirement for Continuing Education Units. Please inquire at time of registration.

Contact Erin or visit her website for more information



Erin is continually amazed by the infinite nature of energy medicine and how it nurtures all areas of her life. In

2007, she received her Reiki Master certification in England from William Rand, Director of the International Center for Reiki Training. She loves providing people with tools that empower them on their healing journey. Erin is also a Reconnective Healing Practitioner and Sound Healer. She is currently studying Shamanism and weaving those teachings into her sessions. Her rich experiences, training and understanding of diverse modalities and of the new science on healing provide a solid foundation for her to support students and clients in profound healing & lifestyle transformations.

Erin also facilitates workshops and offers staff in-service training on various wellness topics. She sees clients at her studio in Duluth, MN

Erin DeWitt, RMT

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ConsciousLivingNow.org

Reiki I & II Training



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Conscious Living
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ConsciousLivingNow.org

Create the World and Life You Want to Live!



Usui Reiki Ryoho

Reiki is a transformative healing practice that promotes physical, mental, emotional and spiritual harmony. The term Reiki refers to both the energy itself and the healing practice developed in Japan by Mikao Usui in 1922. Anyone can learn and benefit from Reiki. Whether you are learning Reiki for self-care and personal growth or to share with others, Erin's training is a wonderful introduction to energy medicine, the latest research, meditation techniques and a community of like-hearted people.



Reiki may help you:

Balance & Amplify Energy
Increase Awareness & Creativity
Release Emotions & Stress
Relieve Pain
Restore Joy & Peace
Manifest your Dreams & Thrive!



Reiki Level One and Two Training

Reiki I Training Objectives

- ☉ Gain insight to Reiki's history
- ☉ Connect with and sense energy
- ☉ Learn about Reiki's benefits
- ☉ Look at current research on energy medicine
- ☉ Be attuned to Reiki I, practice
- ☉ Learn and practice Japanese Reiki techniques
- ☉ Meditate, reflect, and share

Reiki II Training Objectives

- ☉ Learn 3 Reiki Symbols and how to deepen your practice with them
- ☉ Learn and practice 4 Japanese Reiki Techniques
- ☉ Be attuned to Reiki II, practice
- ☉ Explore and practice distant healing
- ☉ Discuss ethics and building a practice (latter not required to take the class)
- ☉ Meditate, reflect and share
- ☉ Receive your Second Degree Reiki Practitioner Certification